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Keppel View
Msnaleon Rd
Limerick

1-12-14

Farm Efficiency & Personal Growth.

Farmers.	Dairying	17000
	Cattle	
	Suckling	60,000
	Sheep	
	Organics	
	Silage	
	Vegetables	
	Fisheries	
	Total	160,000

Since 2009

Discussion groups have been increasing in Dairying Suckling Beef. Presently 700 are taking place with a view to make farming more efficient in arriving at a family farm income.

(Ensuring presence of "Peta House Chairwoman"!)
Stress - Mental Health problems have reared their heads in increasing varieties among the Farming Communities going up and up in numbers year on year.

The Ploughing Matches 2014. The thousands of people attending were hit by the information provided by a Survey carried out on behalf of ICMSA and Irish Examiner "HALF of farmers directly hit by SUICIDE"

Depression and lack of Conviction is becoming common place affecting peoples ability to engage constructively on the Family Farm. Puke Home, Console Aware etc etc are constantly providing Education and care for those; and prevent more serious illness - SUICIDE, and The H.S.E. Hospitals for treatment

500 people had died by Suicide 2011 Ireland - fourth highest rate in Europe with 10 people taking their own lives every week 53% of farmers had been impacted by Suicide in some way

Farmers are now less worried about Emigration Economic and Social issues are clearly to the fore front - Health care costs which is now cited by 43% of farmers - as the main factor influencing their VOTE and Social issues 34% and Drug abuse 16% Alcohol 13% becoming important issues when they VOTE

Sean Mc Entees farmer and Fine Gael Junior Minister for Agriculture 2012 death brought Suicide into sharp focus.

The Soddler Crisis was suspected to have been the reason for deaths by Suicide by 7 West Clare farmers. The withdrawal of Services and Social Infrastructure causing a sense of Isolation are massively Negative factors working against overall Mental Health

